



PREMIER GASTROENTEROLOGY

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HUMIRA/ REMICADE/ ANTI TNF CONSET FORM

Intro: Overview of the biological agents (anti TNF medications) such as HUMIRA / REMICADE was given to the patient. The Patient is recommended to attend the support group. I have discussed with potential side effects of these medication at length. This medication is relatively safe during pregnancy (if applicable).

Remission can occur in up to 80% of the patients

IT MAY TAKE UP TO 3 WEEKS TO A MONTH TO SEE BENEFITS

Side effects:

- Allergic reactions, decrease in white blood cells, red cells or platelet, nausea, increased risk of infections, pneumonia, pancreatitis, hepatitis, skin cancer,
- Risk of lymphoma will be one in 2,500. In general population the risk is one in 10,000.
- Hepato-splenic t-cell lymphomas (a very rare but potentially fatal complication) that can occur if anti TNF are taken in combination with immune modulators such as 6 MP.

Need Follow ups:

- Office visit every 3 months is required along with periodic CBC and CMP
- PPD/Chest X-ray before Rx, Hepatitis B/C test
- Pneumonia vaccine every 5 years and yearly flu shot
- Annual skin exam looking for any precancerous lesions on the skin.

I understand that Anti- TNF medication has potential side effects and because of this close monitoring of blood counts and follow ups are required. I have been explained the risks, and given opportunity to ask questions. Risks of the active disease outweigh the risks of the medications. I understand and agree to start the medication.

Patient Name: _____ Signature: _____ Date: _____