



# PREMIER GASTROENTEROLOGY

## CONSULTANTS

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### 6-MP Consent Form

**Intro:** 6-MP (6-Mercaptopurine) is a medication that is originally used for leukemia. 6-MP is a medication that is known as an “immunomodulator” because of the many ways that it affects the immune system.

**Uses:** 6-MP has been used for many years in patients with Crohn’s and Ulcerative colitis for:

- Remission of the disease (to remain symptom-free) , Decreasing and ultimately removing the use of steroids and therefore decreasing the serious potential side effects of steroids.

**Remission can occur in up to 80% of people that take 6-MP.  
IT MAY TAKE UP TO 3 MONTHS TO SEE BENEFITS.**

**Side effects:** (these are the most common)

- Allergic reactions
- Decrease in white blood cells, red cells and platelets.
- Nausea
- Increased risk of infections.
- Pneumonia
- Pancreatitis (rare, 6%)
- Hepatitis (rare)
- Skin cancer
- Risk of lymphoma will be one in 2,500.  
In general population the risk is one in 10,000.

**Need Followup:**

- Office visit every 3 months is required along with periodic CBC.
- Hepatitis B/C test
- PPD/Chest X-ray before Rx.
- Also need pneumonia vaccine-flu shot as indicated.
- Annual skin exam looking for any precancerous lesions on the skin.

**Do not take Allopurinol – which is a gout medication. This will cause serious reactions.**

I understand that the medication has potential side effects and because of this close monitoring of blood counts is required. Blood work will be done every month for the first 3 months and every three months thereafter. I have been explained the risks, and given opportunity to ask questions. Risks of the active disease outweigh the risks of the medication. I understand and agree to start the medication.

Patient Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_